



ON THE SCENE:

At the What Women Want tradeshow and fundraiser **P. 16**

CITY NEWS:

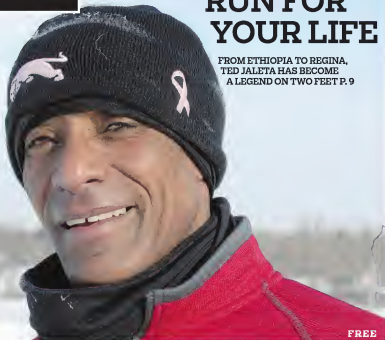
Retired English prof tackles marathon Paradise
Lost reading **P. 20**

FASHION:

Dani Mario's panache on the air and on the street **P. 22**

RUN FOR YOUR LIFE

FROM ETHIOPIA TO REGINA,
TED JALETA HAS BECOME
A LEGEND ON TWO FEET **P. 9**



FREE

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CITY NEWS P. 20



Jeanne Sharni is a retired English professor who is organizing and reading the number 9 part in an epic reading of John Milton's *Paradise Lost* at the University of Regina. QC IN PHOTO BY NANCY SCARLETT.

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ON THE COVER P. 9



Ted Jelata (right) and Shaun Hesse, one of the caretakers, pose near Douglas Park in Regina. Jelata, who was born in Ethiopia, arrived in Canada as a refugee in 1982. QC PHOTO BY NANCY D. BELL.

QC COVER PHOTO BY MICHAEL BELL

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INVENTORY

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ALICIOUS DESIGNS

When Cindy Kuster-Orban lost her mother to Alzheimer's disease in 2012, she coped with her grief by making jewelry. The University of Regina nursing professor found the process inspirational and relaxing. The byproduct was Alicia's Designs, her handmade jewelry company. There's a tribute table component, 10 per cent of Alicia's Designs profits are donated to the Alzheimer Society.

Find Kuster-Orban's designs at Honey's Cafe (2320 West Ave.) and Fresh Look Skincare and Laser (1640 Flourey St.) or online at Facebook.com/aliciasdesigns

1. LISTEN AND LISTEN: Crystal earrings, \$25

2. STAY POSITIVE: Joy bracelet, \$30. Other inscribed words include "patience" and "love" is eternal — all to appreciate the journey of Alzheimer's.

3. CLOSE TO YOUR HEART: Heart necklace in honour of some one you've loved and lost, \$60

4. A TOUCH OF ROYALTY: Silver princess crown necklace, \$60

5. HAVE A BALL: Sparkle ball necklace, \$60

6. FLOWER POWER: Swarovski daisy necklace, \$60

QC PHOTOS BY TROY FLEECE



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IN THE CITY

■ MARCH 16, 2014 — 2:22 P.M.

Snow throw



Kyle Riggs, Rutashia Durrain, and Craig WB (far right) throw snow from the Cathedral Village Fireplace patio at warm temperatures where it's an early spring in Regina. QC PHOTO BY MICHAEL BELL

CITY FACES

CC Radio personality not stopping any time soon

By Rikkeal Bohmann

Not many people can say they've had the same career since they were 19 and have loved every day of it.

"I might say it, but deep down in my heart I don't think there has ever been a day I felt bad about going in to do my job," said CC, the morning host on 289.

"Every day you go in and turn on the microphone and it's something new. You're reacting to different situations."

Radio was not CC's original plan.

"I wanted to be a social worker, but I didn't have the smarts, so I got into radio where you don't really need that many smarts," he said, laughing.

He used to call the afternoon newscast at CJMB, calling in the "Concerned Citizen," to discuss issues of the day. After a while it took off and they started calling him CC.

Once 289 got its radio house, station managers asked him to become the morning host. What was originally a trial for six months ended up becoming a life-year career.

CC has been told by his bosses that he isn't a radio announcer, because he doesn't have a traditional radio voice. He has made his career as a unique personality instead.

Throughout his career, CC has seen many changes in radio — the biggest being the technology. When he started he was using turntables and mixers; now everything is on computers and the music is downloaded.

The radio industry has also turned into more of a business since he began.

"Back in the day it used to be more personality driven... sometimes now it's more of a money maker," said CC.

Another change was when his ex-his wife and then passed her. Having no kids took a lot of pressure off of him, making the morning show more enjoyable.

"It's three friends working together," said CC.

After listening to the top hits every day at work, CC likes to go home and turn on his own music, which is quite eclectic ranging from "80s soul, rock and classic rock... to hip-hop and dance music. He realizes he isn't a connoisseur by any means, though. He enjoys listening to music for the emotional reaction it can bring.

The annual 289 Marathon, which just wrapped up its 25th year, is consistently one of CC's favorite times with the station. Every year he stays up for 36 hours for 289, raising money for the neonatal intensive care unit.

"We get such a buzz out of doing the marathon... it's the most rewarding and fun thing I get to do."

Every morning, CC's alarm goes off at 5:30 a.m. He likes the mornings, but it drives him wild — who isn't a morning person — except, "I don't know what's going to happen when I retire and I'm home all the time," he said.

But, don't let that make you think CC, now 56, is going to be retiring from radio anytime soon.

"I keep you young, it's exciting. I'll do it as long as they let me do it."

bohmann@livesport.com



CC puts 289 on the air at the Cornwall Centre for the annual Inductee's Run on March 10. *by Rikkeal Bohmann*

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READ MY BOOK

LOCAL AUTHORS:
Writers tell us what makes their book worth reading

• ADAM POTTLE

Disability is a philosophy for Dexter Ripley

Disability has been with me from the start. I was born with a hearing impairment in both ears. My uncle saw my mother's side acquired a brain injury at a young age and has been in a wheelchair for most of his life. Over the years disability became an obsession.

In the course of my academic research, I noticed that very few authors place disabled characters at the centre of their narratives. In fact, few quickly find disability on the fringes. I built into minor characters with little or no depth. As a result, disability gets something of a bad rap.

I decided to write books that place disability front and centre. Hence my novel *Mantis Dreams: The Journal*

of Dr. Dexter Ripley. *Mantis Dreams* is a mystery thriller. A working author, a neuroscience personal narrative, and an abstract philosophy can never. Struggling targets ranging from neuroscience and political correctness to *Game of Thrones* and *Mingus* at *Atwood*, it tells the story of a controversial English professor with a condition called Charcot-Marie-Tooth disease, a degenerative



Adam Pottle

neurological condition that gives him tremors and causes weakness in his spine. The author of has lost much

and become rigid, so he uses a wheelchair to spare him the pain of walking.

But unlike most disabled characters in literature, Dexter Ripley does not see his disability as a negative thing. In his view, the discomfort disability creates allows him to see how people really are. For Dexter, disability is not merely a physical, mental, intellectual, or emotional

condition. It is a philosophy, a way to generate meaning and see the true depth and shallowness of humanity.

Dexter is not a likable character. He may offend some of you. He makes several contradictory jokes and tongue-lashes just about everyone in sight. Some of you may not know what to make of this book. Some may be puzzled by its premise: "Disability as a philosophy?" Get the ball out of here." But after reading *Mantis Dreams*, I hope you will try to see disability in a different way.

Adam Pottle's book of poetry *Benighted Mantis* was shortlisted for the *Amelia Plunkett Award*, the *Seneca Award*, the *Book Award*, and the *Book Award for the Best Award*. Pottle currently lives in Scotland, where he is pursuing a doctoral degree in English literature. *Mantis Dreams* (Dial Press, 2013) is his first novel.

Mantis Dreams

Benighted Mantis Press, 2013



Adam Pottle

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ON THE COVER

Early on I ran because of necessity... And then I did it for pleasure. — Ted Jaleta

#TED JALETA

The unstoppable life of a running legend

By Arielle Zerr

Ted Jaleta has been running since the day he was born.

"Early on, I ran because of necessity," Jaleta explained. "And it helped me get away from work and then I did it for pleasure."

In the remote Lithuanian village where he grew up, there was no plumbing, no electricity and certainly no cars, even shoes were a luxury. Today, he's a high performance running coach and a three-time Canadian national road race champion.

♦ ♦ ♦

Jaleta was the first generation in his family and his village to attend school. In rural Lithuania, education was a rare gift. Though they were uneducated, his parents saw the value in sending their son to school.

Every morning Jaleta would run the 10 to 20 kilometres to attend grade school, and after his lessons run it back home again.

"It was very beautiful. We walked through forests and there pines and wildlife and lakes, rivers and creeks just ran past beside me," he said of his commute to school and back.

After he finished Grade 8, his parents told him it was time to come home to their village and start attending school. Jaleta knew he was destined for a lifetime of hard labour on the farm. He desperately wanted to continue his studies but the nearest high school was several weeks away on foot. Jaleta thought his education was over until his uncle offered him a place to stay while attending high school.

Knowing his parents would not approve, Jaleta ran away from home.

He grew up wanting to be a soccer player and it was on the soccer field that his high school gym teacher first recruited him to distance running. Jaleta was encouraged to attend a school track meet. At his first event he placed third — without shoes.

Continued on Page 10



Ted Jaleta (center) and his Jaleta-Peters running group. Jaleta has been the National/Canadian Masters Road Race Champion three times. CP PHOTO BY MICHAEL BELL

(Ted's) been through a lot and some people might be bitter and have gone another route but he took that experience and made it into something good. — Mary Jo Jalela



As a motivational speaker, Ted Jalela has told his inspiring story to audiences throughout Saskatchewan on many occasions. SUBMITTED PHOTO

From there, his rise began to rise. He went to regional and state, then provincial and then to national winning all his races along the way. He made the Ethiopian national team and was being groomed as an Olympic contender. He had two-time Ethiopian gold medalist Abebe Bekele.

(Bekele) came and spoke at the school and he inspired me," Jalela said. "He was a hero and was the Olympic. I said, 'Wow, I want to be like him.'"

But Jalela's path to the Olympics was cut short when civil war broke out in Ethiopia in the early 1980s.

Jalela always knew there was resentment of the monarchy in his country, even from a young age. His opinion wanted land reform, freedom of speech and a basic democracy, he said. In mid-1970s, the military regime took over and imprisoned the Ethiopian monarchy. Jalela was a university student, participating in a peaceful protest when the military opened fire. He was shot and injured a fracture. He woke up in prison. He spent six months there and was tortured before he managed to escape.

"It was a terrifying experience," Jalela said. "And even when I went back in 1980 for the first time after the government changed, I had flashbacks. I couldn't even sleep at night." Jalela remained in hiding in Ethiopia for two years before making it to the border. He stayed in refugee camps, first in Sudan and later in Kenya.

Finally he caught a break. Jalela was sponsored by the Canadian government, given an interview by the surface and landed in Regina in 1982.

When Jalela heard yet he quit God for the refugee program and was coming to Canada, he said it was like coming from hell and going to heaven.

He knew it would be difficult when he arrived here, but he was able to experience freedom.

As a trained graphic artist, Jalela was able to find a job quickly, but adjusting to social norms in Canada proved to be a little more difficult. He was fired from his first job.

Helping people to reach what they want to achieve and working to that goal, I love it — Jalefa

"I just get an increase and upswing for no reason," he said. "My boss called me in the office and he said, 'I think you appear mentally troubled. You need a psychological assessment and I have to let you go.'"

The layoff stunned him. He began working odd jobs before landing a position working nights at a photography business.

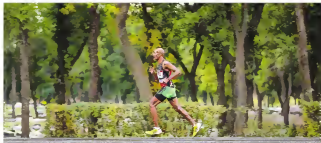
He also began running again, which he hadn't done since he was running for his life in Ethiopia.

In the refugee camp, Jalefa had picked up smoking. After moving to Regina, he continued the habit. He would sit on the stairs of the Lepelle tree building smoking cigarettes and watching the runners go by.

"And one day I just threw away my pack of cigarettes and went to Army and Navy and got shoes," he said.

Soon after, he started training with a running group and returned to competition. After a couple of years, he was back on top, competing across Canada and the United States.

Continued on Page 12



Endelea competes at the Queen City Marathon in Regina in 2010. PHOTO COURTESY CHRIS CAMPBELL/REGINA

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You have all these elite athletes that were very, very fast and then you had two middle-aged women trying to qualify for Boston. But he has that personality that really put(s) you at ease — Daphne Rifkury



Elite Jale to Piers (left) and his Jale to Piers: a distance running group he created to help runners qualify for the Boston and New York City Marathons, and to help improve their race times. (G. MONTGOMERY/LEADERPOST, LTR)

Upon his return to racing, Jaleks was the National Canadian Masters Road Race Champion in 1995, 1996 and 1997, among other victories and top 30 finishes. He has since been inducted to the Saskatchewan Sports Hall of Fame and earned the Olympic torch in 2009.

♦ ♦ ♦ ♦

Jaleks is now the coach of the Jaleks Piers, a distance running

group he created to help runners qualify for the Boston and New York City Marathons, and to help improve their race times.

Before he started the Piers, Jaleks was coaching track and field at the University of Regina and was contacted by two women looking to qualify for the Boston Marathon.

Having heard his name in the media, Daphne Rifkury looked Jaleks up in the phone book and asked if he would coach her and her friend.

Jaleks was not looking for any athletes that weren't U of R students at the time, but he agreed the women to train with them anyway.

"It was a very intimidating first meeting," said Rifkury. "You hear all these elite athletes that were very, very fast and then you had two middle-aged women trying to qualify for Boston. But he has that personality that really put(s) you at ease."

Rifkury began running with Jaleks in 2008 and shaved a half hour

off her time under his tutelage. She qualified for Boston at the Queen City Marathon.

In fact, everyone who has trained with Jaleks has met their qualifying times. It's a great source of pride for him.

Helping people to reach what they want to achieve and working to that goal, I love it. It's not hard work because it's passionate about it. When someone has a desire to do that, I've wanted to be part of their

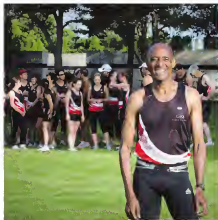
success."

While some coaches may sit on the sidelines and tell you how to run, Jaleks is participating in the work out, Rifkury says.

That sets him apart. He's running behind and beside you and giving you tips and he's always available to you," she added.

Through the Piers, Jaleks has also found a way to give back to the community he's called home for 38 years.

"We focus on education and child poverty and I think I'm drawn to that because of how education can change people's lives." — Jalefa



The Jalefa Pacers have raised \$82,000 for educational charities. Photo courtesy: Jalefa & Jalefa

Through fundraisers including their annual Royal Road Race, the Pacers have raised close to \$50,000. It has been used to set up a scholarship at the U of R and to donate to local educational charities including: Hope + Home and Regis Early Learning Centre. The Pacers also raised \$308,000 for Jalefa in Malawi in 2009.

"We focus on education and child poverty and I think I'm drawn to that because of how education can change people's lives," said Jalefa. "It's the best gift you can give to anyone."

♦ ♦ ♦ ♦

In 2006, Saskatchewan author Donna Fraser wrote a national best-seller about Jalefa's life called *Never Give Up*. Jalefa had done some motivational speaking but his message exploded after the release of the book. He now speaks at events across Saskatchewan.

The year was memorable for Jalefa for another reason: he met his wife, Mary Jo.

"It was funny because when I met him the book had just launched and so when we first

starting going out he'd be like 'Well, you'll read that part in the book,'" she said.

Opening up about his past to strangers wasn't easy, but Mary Jo thinks it helped him.

"I know when he first started doing the speaking engagements, I think it was still really hard," she said. "I can see the progression, not that it's easier to tell the story but I can see how he's evolved even in this last little bit where it's helped him to move forward."

Mary Jo married Jalefa in 2009. Together they have a three-year-old son named Jacob.

"(Ted) has been through a lot and some people might be better and have gone another route but he took that experience and made it into something good," she said.

That, says Jalefa, is his greatest accomplishment — more than any awards or medals.

"Winning several medals was good, but I think, I was homeless," he said. "And even getting out of the refugee camp and to recover and have a normal life, I think that's my greatest achievement."

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SPACES

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#SASKATCHEWAN'S BEST SPACES

Ice made for the pros

By Jenn Sharp

The Legends Centre at Warman was designed with all ages and abilities in mind. The multi-purpose recreational facility has become a community hub—a place where hockey reigns supreme. Those involved in the sport know that, long days the rink are all part of the game. The expansive and functional arena in the Legends Centre makes those long days all the better.

The centre attracts everyone from the Saskatoon Blades hockey team, which is currently holding training camps and pre-games there, to youngsters learning how to skate. The leisure ice facility, a smaller skating rink flanked by rubber boards, separates from the arena, is usually a bustling place. Billed with the hockey stars of tomorrow.

WHY??? The Legends Centre included an ice hockey arena with seating for 1100 and a leisure ice area, one of the first in Saskatchewan. Also on the ground floor are two gymnast units, each with three full-sized courts. The west gym is shared with the new Warman Community Middle School, which is attached to the centre. Anytime Fitness and Warman Sports Inc. lease space on the second floor where there are also meeting rooms and a food court.

WHERE?? 701 Centennial Blvd., Warman (20 km north of Saskatoon).

WHO?? Heather Guthrie, recreation promotions and marketing supervisor.

WHEN?? The arena opened in January 2011. The gym followed in October 2012 and April 2013. Staff recently moved into offices on the second floor. The landscaping will be completed this year. A child minding program will also begin this year for parents.



QC PHOTO:
BY MICHELLE EERS

SPACES

WHY? "The demand is definitely there. We're still using the old rink in town — both are completely full and booked up. Lots of people like coming out here from Saskatoon. The Saskatoon Speed Skating Club came out here and did some competitions. The Blades are now doing their training camp and pre-games here."

HOW? When they originally looked at building (the Legends Centre) they toured around to facilities in Saskatchewan and Alberta, and saw a few leisure ice facilities in Alberta. When ever the main ice is being used, they can use this one. It is more for leisure, for skate, kids of the smaller kids got overwhelmed from being on the big ice, it's meant for parents and kids five and under.

"This will be the first year that we'll keep the ice all summer. We're just trying to build up our client base, and get some summer camps going. It's getting your name out there (about summer ice availability)."

"The kids in this town are hockey crazy! They love hockey. They'll probably be here all summer skating. It wouldn't surprise me — we don't have a pool in town so they'll have to come skating."



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ON THE SCENE

WHAT WOMEN WANT

There was something for everyone at the sixth annual What Women Want last weekend. From March 14 to 16, the Canevas Arts Center was transformed into a mall of wants, as 200 local busi-
nesses erected pop-up shops featuring everything from fashion and motorcycles, to pet products and home decor. Visitors sampled food and beverages, had hair treatments and witnessed entertain-
ment, including fashion shows, dancers, musicians and a halo hoop artist. JMW Photography supplied red-carpet photos. Event organ-
izer Michelle Stawford hoped the event would raise \$20,000 for its charity of choice, the Lorain Post-Christmas Choir Fund, which
supports four local women's shelters.

1. Taryn Medlow and Alexa Seaborg



6. Tissy Shaw and Ashley Young



2. Colter Wood and Christine O'Connell



7. Leanne Fisher and Sharen Dean

3. Paige and Heather Grainger



8. Rachel Dearnice and Sarah Johnson



4. Shelley Fay and Melissa Spotschuk



**QC PHOTOS BY
MICHAEL BELL**

5. Emily Peltz and Alexa Urquhan



EVENTS

MUSIC

Wednesday, March 10

Wednesday Night Folk:
Bradford
Bushmanke, 2206 Dewdney

**Weylbeck Wednesday with
Lester Caba:**
Muhally's, 2226 Dewdney Ave

**"Back in Black" by Central
Park Winds:**
Regina Symphony Orchestra
live concert, 7 p.m., RPL, Central
Branch, 2381 12th Ave

Hugh Poorman, Billy Galt:
The Exchange, 2431 12th Ave

Thursday, March 10

Filipino:
Featuring The Bureau and
guests, 9 p.m., Filipino, 1979
Hamilton St.

MARC Labovici:
The Pump, 641 Victoria Ave E

Queen City Rocks:
The 19th's tribute to the bands
The Exchange, 2431 12th Ave

Denzel Roa:
31pm, Corner Horizons
M40 North Ave N

Friday, March 11

Return of the Sun:
Fundraiser party for the
Sunday Art Market featuring
Buttface Narrows, Arlene Sims,
Local 901s, Tribal Visions.
Plus live art and night art
market.
Cathedral Neighbourhood
Centre, 2950 12th Ave

MARC Labovici:
The Pump, 641 Victoria Ave E

Method 2 Medicine:
Muhally's, 2226 Dewdney Ave

The Dead South, Kary Ince:
with Val Halla
8 p.m., The Artful Dodger
Civilians, 1941 Scotch St



Singer Nana Mouskouri will perform at Casino Regina on Monday. ©TTP/AGENTS/RET PHOTO

Any Nelson:
Edmonds, 2300 Dewdney

Philip Phillips:
Brands Centre, Bona Place

Saturday, March 12

Method 2 Medicine:
Muhally's, 2226 Dewdney Ave

Calgary Tripping:
Bunk and Reg Oldman Tribute
Artist, Fundraiser for Team
Diabetes, 7pm, Celebration
Church, 3330 Kenmore Dr

Any Nelson:
Edmonds, 2300 Dewdney

The Listener:
Regina Symphony Orchestra,
3 p.m., Commun Arts Centre
200 Lakeside Dr

MARC Labovici:
The Pump, 641 Victoria Ave E

Wesley, Judge Joseph, E-
condito
The Exchange, 2431 12th Ave

Tyler Gilbert, CD Release,
with Val Halla
8 p.m., The Artful Dodger
Civilians, 1941 Scotch St

**Gravel Hand, Pezquez 90th Hills,
Maffettown, Barrie, Birch
Hills**
The Club at The Exchange,
2431 12th Ave

The Sick Sampler:
Featuring The Dead South,
Marlo LePage, Sound Society,
Blake Becklund, Little Criminals,
and Slim City Pickers
7:30 p.m., Bushwacker, 2206
Dewdney Ave

Sunday, March 13

**Brooke Wyle, Joel James,
Krischer Black:**
Artful Dodger, 1941 12th Ave

Monday, March 14

Wednesday Night Jazz & Blues:
The Project
Bushwacker, 2206 Dewdney

Weekly Drum Circle:
Instruments provided
7:30-9 p.m. The Living Spirit
Centre, 309 Bloor Dr
Call Mike at 306-550-3811

Open Mic:
Artful Dodger, 1941 12th Ave

Nana Mouskouri

Casino Regina Show Lounge:
1880 Saskatchewan Dr

Kick Harts Jazz:
Fattoria Ristorante Italiano,
326 E. Quince St

Tuesday, March 15

**Lauren Marn and the Fairly
Odd-Pals:**
O'Brien's, 1947 Scotch St

Kick Harts Jazz:
Fattoria Ristorante Italiano,
326 E. Quince St

Kennedy:
Artful Dodger, 1941 12th Ave

VISUAL ART

KC Adams: Blank Blank Ltd.
Winnipeg artist KC Adams
presents an installation of 34
pervasive brick bark sculptures.

March 22-June 4:
Artful Talk: March 22, 7 p.m.
Opening Reception: March 22,
2 p.m. Riverside Gallery, 6231
Rockdale Blvd

Sunday Art Market:
Sunday, March 23, 3:30-7 p.m.

Every second Sunday:
Cathedral Neighbourhood
Centre, 2950 12th Ave

You Are Here:
Location + Site/Place, photograph-
ically by Vito Solavyn, Health
enriching, Goble/Gle/Gle-
luna and Dennis/ Evans.
Until March 29: Slate Gallery,
2076 Halliday St

**Reynold Piliangk: The Misad-
ventured Police in Art:**
Until March 28: RCMP Heritage
Centre, 5902 Dewdney Ave

**Contemporary Canadian
Perspectives:**
The Artists of Scott Nicholson
Fine Arts
Until March 31: Government
House, 4602 Dewdney Ave

Deville Cohen: Pottery:
Black and white X-ray images
on clay, maple, maple, and
clearly thoughtful site set-
tings for an 18-minute video
Until April 3: Central Valley
Museum, 221-12th Ave

**Ian Johnston: Deconstructing
Consumption:**
A three-room installation
featuring sculptures exam-
ining creation and consumption
Until April 3: Dundas Gallery,
RPL Central Library, 231 12th Ave

Art X:
A tri-visual arts producing
exhibition
Until June 4: Mackenzie Art
Gallery, 3475 Albert St

Jason Carwood: Decades:
Addresses the concept of
scenar in cinema, and the
process of art pasting an im-
age removed from its original
art and context.
Until April 22: Nautilus Ground,
1050 South St

Chilly Scenes of Winter:
Show and sale presenting
photography of Saskatch-
ewan scenes.

**Until April 28: Creative City
Centre, 843 Hamilton St**

Shirin Neshat: Soliloquy:
A dual projection video instal-
lation by world renowned
Iranian-American artist Shirin
Neshat, complementing the
work of Saskatchewan film-
maker and video installation
artist Annie Atkins.
Until April 27: Mackenzie Art
Gallery, 3475 Albert St

**Barbara Steinman: The Cl-
ients' Dances:**
Photographic installation
explores the relationship be-
tween personal belief and so-
cialized religion. Organized
in response to Soliloquy by
Shirin Neshat.
Until May 4: Mackenzie Art
Gallery, 3475 Albert St

Canadiana:
What does it mean to be
Canadian? A collection and
examination of our country's
landscape through real and
imagined images of the Cana-
dian landscape by Canadian
artists including Alexander
Kandinsky, Dorothy Knowles
and Ernest Luff.
Until June 14, Mackenzie Art
Gallery, 3475 Albert St

**Annie Atkins: on live on the
edge of disaster and imagine
we are less real:**
Video installation highlighting
the work of Saskatoon film-
maker Annie Atkins.
Until June 14, Mackenzie Art
Gallery, 3475 Albert St

**Contemporary Canadian
Landscape and Place:**
The Artists of Scott Nicholson
Fine Arts
New exhibitions quarterly
Until July 31: Regina Centre
Crossing, 1027 Albert St

**Contemporary Canadian
Landscape and Place:**
The Artists of Scott Nicholson
Fine Arts
Saskatchewan, 2010 Albert St

What you need to know to plan your week. Send events to QC@leaderpost.com

Academy Gallery
2246 Smith St. Open Tuesday to Friday 10 a.m.-5:00 p.m., Saturday 10 a.m.-5 p.m.

Newsday Gallery
2146 Albert St. Open Tuesday to Saturday, 10 a.m.-5 p.m.

Oakdale Gift and Fine Arts
OF and its paintings by Chinese artists Lingxiao Jiang and Huang Tian.
2312 Smith St. Open Monday to Saturday, 10 a.m.-5 p.m.

COMEDY

Peas the Hat
March 21, 9 p.m.
The Club at the Exchange
2431 Eighth Ave.

PERFORMANCE

Fusion Project 2016
Theater/after Sundae Series
March 19-22
Globe Theatre, 1801 Scarth St.

Venus in Fur
The Golden Apple Theatre production starring Amy McIntyre and Daniel Arnold.
March 22, 8 p.m.
The Artspace, 2627 13th Ave.

Soft-Water Moon
March 19-April 6
Globe Theatre,
1801 Scarth St.

Wind-Up Windshow featuring Andrea Thompson
March 19, 7 p.m. Creative City Centre, 1843 Hamilton St.

How to Give Feedback
Workshop for poets and performers
Every Thursday, 7-9 p.m.
Creative City Centre, 1843 Hamilton St.

Paradise Lost
A song, show and cost performance in "style" reimagining of John Milton's Paradise Lost
March 21, 8:30 a.m.-10:30 p.m.
U of N Language Institute
room 215



Amy McIntyre stars in *Venus in Fur*, the latest production from Golden Apple Theatre.
Photo: Instagram

Vertneppel! The Sounds of Music
March 13
Appalachian Dinner Theatre
lower level, 1873 Broad St.

FILM

Cinema Politics
Isabelle Huppert

March 19
Artful Dodger, 1638 11th Ave.
SPECIAL EVENTS

CU/CCA University Curling Championship
University curling teams compete for the CU/CCA national championship
March 19, noon-1 p.m.
U of N Education Building

room 228, Teaching Preparation Centre

Science Pub
Featuring Denis Madarasz from the U of N Faculty of engineering & applied sciences
March 20, 7 p.m. (arrive early to secure a seat)
Bunzlucker Arlene's Room,
2266 Dewdney Ave.

PashaKasha
March 20, 7 p.m.
Artful Dodger, 1638 11th Ave.

Queen City Classic Salon
concerts
March 22, 8:30 a.m.-10:30 p.m.
Thorn Collegiate, 2600 Argyle St. N.

Regine Farmers' Market
March 22, 9 a.m.-1 p.m.
Cathedral Neighbourhood Centre, 2900 12th Ave.

Fantasy Food
Food, spirits and entertainment to celebrate for the Saskatchewan Science Centre
March 22, 1-10:30 p.m.
Saskatchewan Science Centre, 2940 Powerhouse Dr.

Spring Free From Racism Family Day
Food, performances and free face-painting, March 23, noon-7:30 p.m. Italian Club, 2148 Connaught St.

Welcome Wagon Baby Shower
March 23, 1 p.m. Carleton Place Centre, 200 Lakeshore Dr.

Welcome Wagon Biddi Showcases
March 23, 6 p.m. Carleton Place Centre, 200 Lakeshore Dr.

ChessDay Challenge
Drop-in gathering of board game enthusiasts.
Every Tuesday, 6 p.m.-midnight
Boston Plaza, 545 Albert St. N.

NEW MOVIES

Divergent
Action
Beatrice "Tris" Prior (Shailene Woodley) lives in a society divided into five factions. Each year, 16-year-olds must choose the faction they will be part of for the rest of their lives. If they reject the factions, they become homeless and destitute, on the fringes of society. This is part of Beatrice's dream for risk-taking and bravery, but soon finds out she's actually Divergent — a person who doesn't fit into just one faction. If the wrong people find out, her life will be in danger.

Muppets Most Wanted
Family
On a tour of Europe, the Muppets find themselves in the middle of a conflict headed by the biggest villain in the world, Constantine, who's a dead ringer for Kermit the Frog. Helped by his sidekick, Dominic (Josh Gervais), Constantine fearfully switches places with Kermit, while Kermit is sent to jail. The plot is none the wiser. Starring Christoph Waltz, Tim Pigott-Latta, Celine Dion and more.

Galaxy Christmas
425 McCarty Blvd. N.
360-522-9058

Complex Online
Southland Mall Cinema
2025 Gordon Rd. 306-583-3233

Regina Public Library Theatre
March 12th Ave. 366-777-6164

Kramer Inn
3903 Powerhouse Dr.
306-522-6279

Rainbow Cinema
Golden Mile Shopping Centre
3650 Albert St. 306-335-5250
Event listings are a free, national service offered by G.O. Listings will be posted if space permits.

CITY NEWS

'PARADISE LOST' READING

Poetry binge is Shami's idea of paradise

By Ashley Martin

Was Paradise Lost? See. Begot. Rejection. Good versus evil. All tropes to keep you glued to your seat during a 12-hour marathon — even if it's a marathon reading of a centuries-old poem.

John Milton completed his epic poem *Paradise Lost* 340 years ago. Today it holds the same appeal as lingering on a good TV series, says retired University of Regina English professor Jeanne Shami.

"There's a momentum that builds over 12 books. It's like people binge-watching box sets. You build a momentum, you don't want it to end, you want to follow that character, follow that storyline," said Shami.

During her 36-year career, Shami was her favourite course to teach.

On March 11, Shami will play the part of the narrator during a 12-hour reading of the epic poem — the first experienced *Paradise Lost* read aloud as a student at the University of Western Ontario's book-a-day was read over 12 days.

The poem tells the story of Satan's fall from heaven, and Adam and Eve's rejection from the garden of Eden.

"It was a great thing to hear it read out loud. To me that was very powerful performance and a very powerful expression of what this poetry is meant to sound like," said Shami.

About 15 years ago, she decided to give the U of R community a similar experience, breaking the poem down over four days. These books a day all 16 960 lines of it.

Somewhere along the line, Shami's original reservations dissipated. She decided 12 hours is a rare moment too long a time to ask of readers and readers.

"It's an exhausting thing to do for 12 hours — emotionally, physically. But I like doing it that way because it is an epic poem and you feel it as an epic experience."

Spectators come and go, the audi-

ence ranges from 10 to 300 people depending on the unusual day. Sometimes a whole class will show up at a time. And a few stick it out for the entire day.

This will be the fifth time *Paradise Lost* has been performed at the U of R. Although "performance" might be the wrong word — it's a dramatic reading and there's no dress up involved.

"I don't want people showing up with picket lines," said Shami, laughing. "The point is to listen, it's not to be distracted with visual tricks."

Reading Milton is much different from hearing Milton read, says Shami.

"We took it, so his imagination was entirely made — it's all for the sound. It has a very sonorous quality, it's a very powerful experience of sound as well as of content."

There are 11 speaking parts, ranging from minor characters to people who speak 10 lines or less to the narrator who figures in 11 of the 12 books.

English professor Nicholas Rodick has played Satan since that first reading years ago — "Satan with a British accent," Shami said, laughing. "He's such a good reader."

The rest of the cast is made up of students from the Milton class, English 300 — an elective whose roughly biennial offering coincides with the performance — as well as other people from the university community.

Shami chose the repeat performers to blend the March event with Christmas — it's become a tradition.

"It's a chance of literature for a reason," said Shami.

And it gets emotional, she can attest. One year while reading the part of Eve she cried when her character got kicked out of Eden.

"It was so embarrassing."

The epic reading of *Paradise Lost* takes place in the U of R Language Institute auditorium on March 11, starting at 8:30 a.m.



Jeanne Shami, a retired English professor, is taking part in a reading of John Milton's *Paradise Lost* at the University of Regina on March 11. (CP Photo by SPAIN SCHNEIDER)

LEADER POST
FOUNDATION

2014 BURSARY APPLICATIONS—\$5,000



The Leader-Post Foundation believes in providing service to communities, assistance to those in need and encouragement for promising students.

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- Scholastic achievement

Please visit leaderpost.com for a bursary application. The deadline for submissions is May 31, 2014.

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The Leader-Post Foundation is a not-for-profit, independent charitable organization that provides financial support to people and projects throughout southern Saskatchewan. Since 1989, the foundation has awarded more than \$400,000 in scholarships and bursaries to outstanding Saskatchewan students.

FASHION

What's your favourite look for spring?
Send a note to QC@leaderpost.com

SASKATCHEWAN FASHION

Dani Mario:

On the air or on the street, she makes fashion look easy

By Jenn Sharp

Most of us can't fashion the idea of being broadcast, let alone dress for the camera every night. For some, like CBC's Dani Mario, it's just part of the job. Mario is the newest evening news anchor for the station and moved to Saskatoon recently to take the position from co-anchor Jill Morrison (who's now in Regina). One of the biggest style changes she's had to make is a shift from a blue-tinted wardrobe that looked great against the Regina station backdrop to more red, which works better on the set in Saskatoon.

Every few years, a wardrobe and style consultant comes in to provide guidance to on-air personalities (bright colours go—no patterns, bad). But the rest of the time, they're flying solo. That's where a sharp eye for fashion and dressing for the camera comes in handy.

Mario is a bit of a pro here. She sold her Kawasaki Vulcan (a 500 cc cruiser) last spring in the hopes of getting something better this year. Her favourite off-duty look involves strong red lip paired with her favourite touches. The self-described "accessory hoard" relates affordable, trendy pieces into the mix, both on-air and off. One thing that never leaves her hand is a red knitted duster. It's all topped off by her perfectly angled "ankle" boot that shows off a line set of shoulders and enables her to deliver the news with confidence. No long, distracting laces here.

Mario welcomed QC into the CBC's studio in downtown Saskatoon to show us where she keeps for the newest:



QC's Dani Mario on her favorite off-duty evening attire. QC Photo by Michelle R. Roca

OFF DUTY

"This is something I would wear to go out for drinks or to a concert. I really like when you're done work and you're finally relaxing and just going out. It's nice to put on a dress and some tights and go out on the town. I like to dance at concerts."

1. NECKLACE: Forever 21 "I'm meant for bargain shopping. I'm a Forever 21 junkie, especially with online sales."

2. JACKET: Forever 21 "It's leather. When it comes to leathers and blacks, I am such a little biker chick."

3. DRESS: Target "I loved it because it had these leather details. I'm a slave to bold patterns in the winter and I loved the idea of bringing in some florals elegantly without how long of a winter it is here."

4. RING: "I don't remember where it is from but I love it. It's a tiny finger ring that's solid really well so it isn't actually tiny and do a lot at work. The best part is my producer—I had it on one day and we were going to go and I said, 'Is it OK if we're in his office today?' Our producer said, 'Absolutely! It looks great.'"

5. ANKLE BOOTS: Forever 21 "They're super easy to wear. Because they're a wedge, I can probably wear them around the block in them. I love heels and I love shoes. I owned a long time ago that you gotta stand up and put your shoulders back no matter how tall you are. I'm close to 5'8" and wearing heels for a long time. I do feel a little awkward. It was gone out with smaller heels and I was on a date with a shorter guy. But once you start owning it, it's not that big of a deal."

FASHION

ON-AIR

30 Morgan and Dave Minto co-anchor the 60-minute evening newscast. Minto often picks up the stories the reporters can't get to along with writing the show's headlines and crafting its flow.

"We [anchors] come in, someone else makes where they go, and you try to fashion it so that it doesn't seem so jarring to jump from one story to the next," says Minto.

And what she wears on-air is the finishing touch to a well-coiffed newscast.

"It's a totally different world than what you'd want to wear out. Bold, bright colours do wonders. What you think might look good on camera is totally different than what the camera sees. Bold, bright colours do wonders. What you think might look good on camera is totally different than what the camera sees. Bold, bright colours do wonders. What you think might look good on camera is totally different than what the camera sees."

1. EARRINGS: Forever 21 "It's really fun because they let me bring in a lot of personal style."

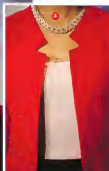
2. NECKLACE: Le Chateau "It's difficult to bring stuff on-air that doesn't shine and catch all the camera eyes [like me]. They're wearing TV and stop listening to you and watch this shiny thing bling in their eyes. There's secrets — like rubbing candle wax on your neckties to try and cut down the shine. This one wasn't too distracting and sits high on the neck — you don't wear long necklaces because of the shot on TV."

3. JACKET: Forever 21 "I love the cut — it really breaks off the blue [camera]. As a reporter for the last four years, you're not really spending your money on fine-cut blazers. You go home most days smelling like house fire smoke. That's when I bring in the Forever 21 stuff. Look for me: there's some really fine pieces from Forever 21 that are trendy and have lots of bright colours."

4. TANK TOP: RW & Co.

5. PENCIL SKIRT: Le Chateau "Tip for the ladies from the [CBC] stylist in Toronto: Tuck your shirt into your pantyhose and [it] never moves. It's brilliant."

6. HEELS: Spring.



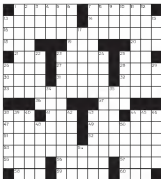
Good colours and make jewelry can help fix a camera. (Morgan and Dave Minto) PHOTOS BY MORGAN LE BORG

#CROSSWORD

NEW YORK TIMES Followed by Will Shortz

ACROSS

- 1 Word of exasperation
- 7 Kalamendi tongue
- 12 Winkily, slanted eye
- 14 One of the red
- 15 Waspishly
- 16 Open house org.
- 19 ...palko
- 20 Lures or invites
- 21 Ship decelerates slowly
- 23 What we snored the
- 24 In super slow history
- 25 At 33 or 37
- 26 ...like (pronounce it)
- 27 Comic fields who was an FBI Sullivan regular
- 28 America's poet
- 29 Day given to mountain wind association
- 31 Please, someone
- 32 Campbell of "Pony of the"
- 33 Traditional Christmas activity
- 34 Carban drink
- 37 Red wolf cat
- 38 Dub
- 41 The First Steps: Abbe
- 42 City at the Vedicists
- 43 First member referred to
- 47 Piece on a pedestal
- 49 Last book of the Old Testament
- 51 Betwixt in ship
- 52 Reverse the old for
- 53 Looking accurately
- 54 Now right on coast
- 55 Friday
- 56 Hauler of haystacks
- 57 Buffalo country
- 58 Wielder of post-bentons
- 59 Tropical people
- 60 ACS alternative



DOWN

- 1 One spinning a beam
- 2 End of Socrates's "Apology"
- 3 Directional ending
- 4 Not a web center
- 5 Given e.g. for two yrs
- 6 1932 Gary Cooper classic
- 7 Believer that life is meaningless
- 8 Suite with world
- 9 1971 summer set list
- 10 It's about, for example
- 11 Had a break between
- 12 Clear and direct in reporting
- 13 Common Nasser
- 14 Luthers on a ship's
- 15 Italian ID
- 16 Christmas card
- 17 They very according to
- 18 Pattern pin, e.g.
- 19 (Clemens's) "Vociferous"
- 20 Copper
- 21 ...like ("hurry")
- 22 Long (see Row 16) in
- 23 This might be cause
- 24 Car of a self
- 25 Member subjects
- 26 They've said at the
- 27 of a water
- 28 Ship that might be
- 29 Derby victory means
- 30 Many an urban
- 31 American high-rise
- 32 Quarantine law
- 33 Drive on the dollar
- 34 Kappa turns
- 35 To the point, in law
- 36 Day after home day

PUZZLE BY PETER A. COLLIER

JANBIC CLASSIC SUDOKU

Level: BEGINNER

Fill in the blank cells with numbers 1 to 9. Each number can appear only once in each row, column and block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Easiest (to worst) to Super (to best)

		3			8	7	1	
7			3			5		
	8			9			3	6
	4			6		9		
8		9	4		7	1	5	
		1		5			4	
3	7			1			8	
		8			6			7
9	1	6			2			

Solution to the crossword puzzle and the Sudoku can be found on Page 38

THE BEST BUSINESS SPECIAL OCCASION DATE NIGHT

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MIDDLE EAST

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KUWAIT - \$1111
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ADDIS ABABA - \$1080
CAPE TOWN - \$589
DURBAN - \$589
ACCRA - \$589
LUSAKA - \$1080
KIGALI - \$1080
LACOS - \$581

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OUTSIDE THE LINES



Colouring contest

Each week, artist Stephen McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to art@leaderpost.com. One winner will be chosen each week.

Please send high-resolution pictures and include the child's name and contact information.



Last week's QC colouring contest winner was **Ireland B. Anagha**. Congratulations! Thanks to all for your colourful submissions. Try again this week!



Kids Love Ricky's

At home with really busy!

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#ASK ELLIE

Husband's smoking on vacation cause for concern

Q. We went on a week's vacation with a couple my husband grew up with and I've known for years.

They're smokers. It's a non-smoke or, My husband quit smoking 10 years ago.

We were barely at the resort when he asked them for a cigarette. I was shocked, given how addictive nicotine is. I calmly voiced my feelings as host of the other couple. He said it was a wedding thing, just for the week's sake.

He kept smoking — considerately — along with the other couple on their patio adjacent to ours. He spent more time alone with them than with me.

I joined them all at the beach for the entire morning but stayed in the pool's shaded area after lunch. They said they'd join me but only came back an hour later.

I privately told my husband that I wanted to spend time with him too but he said he preferred the beach.

When we returned home he did not continue smoking. I have an

Ask Ellie



acute sense of smell so I'd know this was a relief.

I told him I'd never go on a vacation with them again. I can handle that we socialize with them a couple of times a year that he's do I get over my incessant remarks there?

Still Seeking

A. It's not the friends who've upset your sense of comfort and trust. You'd probably believed that your husband's 10 years of not smoking was an aspect of your life together.

Then, he made you feel he'd gone over to the "other side."

But it was his choice.

Remember something about their long friendship triggered a response

in him. Smoking, the beach, five dots, maybe all were associated with their youthful past. Yet, he had lost the control to stop again.

Ease up on him and stop seeing these people as the enemy. Maybe they're not the best vacation partners in that regard, but don't be too bossy and scolding about it. He knows what happened as well as you do.

Q. How do I deal with a needy house guest without hurting the friend ship? I'm a home-based marketer and must use my phone and computer all day. My cousin's staying with various relatives and friends for a week at a time, leaving left a difficult relationship.

She talks while I'm working, even though I say we'll shut our doors or when we take a walk during my breaks.

She constantly wants to play music (disturbing for me) and yapgos (distressing in the background of my phone job). Or she'll use my cell phone to save money on her

She keeps going over the same details about her problems no matter how many times we discuss it.

It's close to blowing up with days to go!

Crazy December

A. Remember the old line about houseguests? After three days they must like this.

A bit harsh, but the point is that short visits go easier, longer ones of ten being not a desired truth is almost unappealing home life.

Since it's also your workplace it was up to you to protect it more carefully in advance: e.g. reminding her that you'd be on the phone a lot, and need quiet.

And that she should plan on doing your out on her own while you work.

Staying up would be unfair and destructive to the relationship as a relative and friend. She's vulnerable, and won't handle it well.

Try to upgrade her time away and put get through the remaining days. Next time you'll know better.

Q. I've experienced ED (erectile dysfunction). I can't have sex with my wife, so I turn away in bed. She's asked me to hug and kiss her but I feel she'll expect it to lead to intercourse, and I'll disappoint her and we'll both feel frustrated.

I started two years ago at 65. She's younger than me but she had already said that sex was getting painful due to dryness. We saw her doctor, she got hormone therapy, used creams, but when I get ED I feel it was hopeless.

I don't know how else to handle this.

Awkward Bedtime

A. It's simple: Talk to her. She's your partner. By turning away, you hurt her. She thinks you don't love her, or that she's failed you because of the dryness.

You're both dressing apart. By helping her understand what's happened to you, you'll reassure your bond. Then without sex, kissing, hugging, cuddling, and stroking is your love.



Next week in QC

**I Am Stronger:
Hip-hop artist
Curtis "Uncle" Adams
wants to stop bullying
and educate youth**

WINE WORLD

TERRAS DE PAUL

Enjoy not-so-chic wine from Portugal for the taste

By James Romanow

I once brought a wine to a party made in an unforgotten nation. That the wine could easily beat all of the wines present in quality and cost about a half of the most expensive on offer, was not the point. I was being officially informed that people drink wine for status and to do otherwise was to indicate some kind of mental deficiency.

Also, the other partygoers were unaware that I have been a social pariah since about age nine, so that only was the lesson lost on me. I continued on my wayward path. To this day, I drink wine produced by authors ignored by the majority. Although sometimes this means learning a new sense of risk, usually the wines are the same as those of more famous locales, and their unpopularity means a few on the back in my pocket.

My favourite nation at the moment is Portugal. They were making wine when the Queens of England's monarchs were jousting their bodies blue. The Douro valley makes some of the most sublime wines known to humanity and the rest of the country produces "cheap" wine that makes single sips taste of joy.

Terras de Paul comes from the Trás-os-Montes region, the most remote of Portugal, where the Tago river flows in the Atlantic. These wines are a World Best of the spirit, always received, and



crust, navigation, and alcohol. The glass starts with a tremendous aroma of grapes and fruit. The palate glides over the tongue like a figure skater's blade crossing the ice and the finish is like tact.

At \$15, this wine is a bargain that it is easy to ignore.

Terras de Paul, Portugal 2010 \$15 ***
More great wines in Monday's paper and on Twitter @jbrwines.

Crossword/Sudoku answers

S	H	E	E	S	H		N	E	P	A	L	I
S	H	A	R	P	E	I		I	N	D	I	A
T	U	R	N	I	N	G		N	E	T	R	I
P	T	A					H	O	I		O	I
T	N	O				S	N	E	L	L		P
C	L	I	C			T	O	T	I	C		D
A	E	R	O			H	O	A	S	T		N
T	R	I	M	I	N	G		T	H	E		T
M	A	C				O	R					S
S	I	L	I	C		I	A					S
S	I	L	I	C		O	N					S
T	R	A	L	L		I	N	G				T
S	U	I	T			R	T	H	A	N		T
K	E	S				S	H	O				S

2	9	3	6	4	5	8	7	1
7	6	4	3	8	1	5	9	2
1	8	5	7	9	2	4	3	6
5	4	7	1	6	8	9	2	3
8	2	9	4	3	7	1	6	5
6	3	1	2	5	9	7	4	8
3	7	2	5	1	4	6	8	9
4	5	8	9	2	6	3	1	7
9	1	6	8	7	3	2	5	4

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